

**ABSTRACT**

A (short or long) girdle constituted including, in an area fitting over a wearer's body, tightening portions for which the magnitude of the tightening force varies with direction. The tightening fabric portions 21 each run from above the anal cleft, passing above the left or right buttock to the vicinity of the left or right greater trochanter when the girdle is being worn, and the tightening force in the direction in which each tightening fabric portion 21 runs is made to be low. Moreover, supplementary tightening fabric portions 22 are provided running along the tightening fabric portions 21 in front of the tightening fabric portions 21, and the tightening force in the direction in which each supplementary tightening fabric portion runs is made to be low.